

Classroom Management: More than Strategies

Classroom management is that part of teaching that is invisible when it is working well, and highly visible when we and our students are struggling. Classroom management's purpose is to provide structure while helping students develop autonomy, awareness and self-regulation skills.

Classroom management involves many things, including:

- Understanding underlying causes of behaviours, including early trauma
- Increasing self-awareness
- Teaching emotion regulation
- Avoiding triggers
- Recognizing and responding to stress behaviours
- Providing authentic choices
- Co-constructing appropriate consequences

Classroom management is more than the strategies we use, it is the relationship and understanding of the children we teach in order to support their own awareness and self-regulation.

If you would like more information about a workshop on Classroom Management, please contact Terry using the information below.

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